

Senior Services

- Frank DeFrancisco Eastwood Community Center
- Foster Grandparent Program
- Food Services
- EISEP & Neighborhood Advisor

11-2020



Eastwood Community Center Board Report December 2020

Eastwood Community Center enrollment:

- 84 active seniors at month-end November *
- 2 new senior enrolled in November for the Meals to Go program

Eastwood Community Center Highlights:

- The Meals to Go program is serving 15-20 seniors daily. Eight (8) seniors are having meals delivered.
- A monthly informational mailing to the seniors included a newsletter, monthly menu, and updates on COVID 19.
- Over 40 seniors received a Harvest Meal

Monitoring & Assistance provided to Eastwood Community Center's seniors:

- Over 270 phone calls are made weekly to seniors to check in on them and address any needs they have.

Success Story:

- The Meals To-Go program is an effective and positive experience for our seniors because of Maria Mellace, a committed volunteer. Maria assists Sharon Morrison, Kitchen Manager with bagging meals, organizing deliveries, collecting money and more. Maria loves to talk to the seniors when they arrive to pick up their food. Her smile and positive attitude greets everyone who drives up to get a meal. During the height of the spring pandemic Maria made masks that were distributed to her fellow seniors. Her caring and commitment to others is genuine. Maria goes above and beyond to make sure everyone is taken care of and is safe. In conclusion, Maria says the Eastwood Center is her solitude where she can make a difference in people's lives as well as her home away from home.

Donation Program:

- Rite Aid & McLane donates product

Foster Grandparent Program Board Report December 2020

Foster Grandparent volunteers enrollment:

- 100 enrolled
- 1 deceased

FGP Highlights

- Temporary Stipend Pay Allowance – seniors receiving stipend through 12/31/20. Due to resurgence of positive COVID cases across the country, FGP's national association will be asking our federal funder to extend the pay allowance into early 2021. No one is comfortable with encouraging senior citizens to get out into their communities. Keeping our seniors, many with underlying medical issues, safe is our utmost priority.
- Developing remote service projects for January 2021
 - Meet with Head Start to brainstorm Pen Pal type project
- Exploring training sessions for 2021 – by Zoom or conference calls, and even distributing written materials to be read by foster grandparents.

Upcoming Activities

- December 10 at Eastwood - FGP Drive-thru Holiday Party for all Foster Grandparents. Seniors will receive a gift bag of goodies and treats, \$25. Gift card to WalMart, hot chocolate and cookies. Plus a few other holiday surprises! COVID precautions: social distancing, mask wearing and other safety protections – no need for seniors to get out of your car. Those unable to get to Eastwood, FGP staff will make deliveries on December 16 and 17th.

2020 FGP Income Review Results

- Income guidelines to be eligible for FGP = 200% of the federal poverty level or less.
- 45% of Foster Grandparents have incomes below the Federal Poverty Level.
 - 46 households of one - under \$1063/month
 - 1 household of two – under \$1437/month
- Of the 7 lowest incomes:
 - 1 has no reportable income
 - 2 receive minimal DSS funds
 - 3 receive limited SS &/or SSI
 - 1 only has pension from outside USA
- Highest incomes are: Married with 2 incomes or Combination of SS + retirement \$
- Household Size:
 - 93 single person households
 - 10 2 person households
 - 9 are FG plus spouse/significant other
 - 1 are FG and child



Food Services Board Report December 2020

Food Services Meals Served: November

Head Start Meals:

- 4,470 Breakfast
- 4,470 Lunches
- 4,470 Snacks

Senior Nutrition Meals: 4,169

Special Function Meals Delivered:

- 0 Breakfast
- 0 Lunch
- 0 Snack

Senior Nutrition Contribution:

- Net contribution:
\$6,268
- Average Meal Contribution:
\$1.50

Upcoming Events:

December Holiday Meal is scheduled for December 22nd.

Program Opportunities:

Open positions:

- 1 – Kitchen Worker/ Driver positions
- 1 – Cook position

Success Story:

We successfully served 657 Thanksgiving meals in November.

The Dunbar Center is up and running. They are delivering "meals to go" Monday's, Wednesday's and Friday's.

SENIOR SERVICES: Neighborhood Advisor Program & EISEP

Board Report December 2020

EISEP – Jessica Brown, Case Manager

Client Activity:

- 55 Active Clients
- 3 new clients
- 0 clients dropped
- 107.5 units of service

Program Highlights:

- Continues to provide telephone support to clients. All 2-month contacts and 6-month re-assessments are being conducted by telephone. New client intake conducted via telephone. Continuing to provide support and referrals as necessary.
- Assisting with the delivery of PEACE Senior Nutrition meals to senior citizens; as well as weekly food boxes, when necessary, from County West Family Resource Center.

EISEP Service Highlight:

13 clients currently have PERS which are funded by Onondaga County Dept of Aging. Personal Emergency Response Systems (PERS), a medical alert system, lets seniors call for help in an emergency by pushing a button on a special necklace or wristband. The PERS is programmed to telephone an emergency response center, who will then try to find out the nature of your emergency; review your medical history, send help, and check who should be notified. Medicare, Medicaid, and most insurance companies typically do not pay for the equipment, and the few that pay require a doctor's recommendation.

Neighborhood Advisor Program – Rene Green, Advisor

Client Activity:

- 12 units of service

Program Highlights:

- Assisting clients with HEAP applications.
- Continues calls to check on needs of vulnerable seniors. Providing support and referrals when necessary.
- Assisting with the delivery of PEACE Senior Nutrition meals to senior citizens. Delivers food pantry boxes to seniors when necessary.
- Available for senior clients at County West Family Resources Center
- Continues contact with managers of senior housing apartments in Baldwinsville area – noting availability of NAP support and services for seniors in need.
- Monthly newsletter/flyer to distribute to senior locations.