

Senior Services

- Frank DeFrancisco Eastwood Community Center
- Foster Grandparent Program
- Food Services
- EISEP & Neighborhood Advisor

09-2022



Eastwood Community Center Board Report September 2022

Eastwood Community Center enrollment:

- 80 active seniors at month-end July

Eastwood Community Center Highlights:

- Two-Three of these seniors are having meals delivered
- Approximately 10-15 seniors are dining on-site daily
- A monthly informational mailing to the seniors includes a newsletter, monthly menu, updates on COVID 19, along with community information
- 25 seniors plus staff traveled to Old Forge for lunch and shopping
- Activities for fully-vaccinated seniors include: Tablet Training, Game Day, Art/Crafts, Bingo, Walking with Oscar & Book Club

Monitoring & Assistance provided to Eastwood Community Center's seniors:

On a regular basis we are reaching out to the seniors who are home-bound and receiving meals to-go insuring their safety and on-going needs are met.

Success Story:

None



Foster Grandparent Program Board Report ~ October 2022

Foster Grandparent volunteers enrollment:

- 76 enrolled
 - 5 dropped – 4 health issues – 1 moved out of NY
 - 2 to be dropped soon – 1 moving out of Onondaga Co. 1 getting job

FGP Updates:

- SCSD approval to return FGs to elementary schools received on 9/15/22
- FGs returned to Head Start Sept 12th.
- 4 unvaccinated seniors cannot participate in-person group activities
- Have a number of FGs who have been inactive since 7/1/2022 – working on policy for extended leave. As FGP returns to more normal operations – imperative to know number of active volunteers we have in order to meet federal outcomes and goals, as well as to set our recruitment targets.

September Activities:

- **Back To School In-Service/Make-Up Meeting**
Sept 14 - 8 FGs
 - Topics/Discussions:
 - Living with COVID-19
 - How the Pandemic Affected Children
 - Updating paperwork, photo release, confidentiality agreement, etc.
- **Living Healthy - Chronic Disease Self-Management Program**
Sponsored by SUNY Upstate - 6 sessions for adults with ongoing health issues.
8 FGs completed last class on Sept. 13th.

FGP Recruitment

- Interviewing and conducting National Service Criminal History Checks on applicants in order to plan new volunteer orientation session for mid-October.

October Activities:

- 10/6 – FGP Field Trip to Rosamond Gifford Zoo
- 10/7 – FGP Field Trip to Rosamond Gifford Zoo
- 10/12 – FGP In-Service – Helping Children Cope Post COVID
- 10/13 – FGP In-Service – Helping Children Cope Post COVID

September '22

SENIOR NUTRITION			OFFICE FOR AGING & YOUTH	
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	
		Haddock Sandwich on Whole Wheat Bun Vegetable Pasta Salad Fruited Jell-O with Whipped Topping	Agency Closed	
6	7	8	9	
Open Hot Roast Beef and Gravy Sandwich Oven Roasted Brussel Sprouts Fruit cocktail	Sliced Turkey and Spinach on Whole Wheat Kaiser Served with Roasted Red Pepper Spread Potato Medley California Blend Vegetables Tapioca Pudding	Meat Sauce Marinara Over Bowtie Pasta Romaine Salad with Mandarin Oranges served with Poppyseed Dressing Fresh Baked Lemon Cookie	Tuna Salad with Chopped Egg Served on Kaiser with Shredded Lettuce Cream of Cheddar Potato Soup Fresh Watermelon	
13	14	15	16	
Tropical Fruit Glazed Ham Yukon Gold Potatoes with Sliced Onions Oregon Blend Vegetables Fresh Cantaloupe Fresh Baked Whole Wheat Roll	Chicken and Cheese Sandwich with Peppers and Onions Seasoned Potato Wedges Steamed Brussel Sprouts Tropical Fruit Salad	Julienne Salad Topped with Ham, Turkey, Swiss Cheese, Tomatoes, Cucumbers, Hard Boiled Egg and Olives Crusty Italian Bread Chocolate Cream Pie	Shaved Corned Beef Sandwich on Rye Bread with 1,000 Islands Dressing Marinated Beets Fresh Fruit	
20	21	22	23	
Sloppy Joe on Whole Wheat Bun Peas and Carrots Seasoned Potato Cubes Applesauce	Ham Served on Whole Wheat Kaiser Topped with Spinach, and Pineapple Mayo Greek Vegetable and Pasta Salad Fresh Orange	Mushroom Swiss Burger Seasoned Potato Cubes Coleslaw with Raisins Fresh Apple	Garden Vegetable Lasagna Fresh Spinach Salad with Raspberry Vinaigrette Chocolate Chip Cookie Fresh Baked Whole Wheat Roll	
27	28	29	30	
Grilled Marinated Chicken Breast Sandwich on a Whole Wheat Kaiser Shredded Lettuce, Tomatoes and Ranch Dressing Spring Vegetable Soup Fruit and Yogurt Parfait	Sliced Roast Beef with Lettuce and Red Onion on a Whole Wheat Kaiser Tomato Cucumber Salad with Tortellini Vanilla Pudding	Barbeque Pulled Pork Sandwich on Whole Wheat Kaiser Macaroni Salad Green Beans Mandarin Orange Jell-O with Whipped Topping	Salt City Fried Chicken Seasoned Red Skin Potato Wedges Creamy Broccoli Salad Tropical Fruit	

Menus meet 1/3 of RDA
Menu is Subject to Change

Guest Meals
\$7.00
Suggested Contribution:
\$3.50

SENIOR SUPPORTS: Neighborhood Advisor Program & EISEP Board Report ~ October 2022

EISEP Case Manager – Rachel DeFio

Client Activity:

- 55 Active Clients
- 3 new clients
- 14 Home Visit

Activities:

- 9/7/22 – EISEP Case Managers Monthly Meeting with County Dept. of Aging
- 9/30/22 – Monthly Dept. of Aging Meeting – NYS Connects
- 9/30/22 – Working on CADER certification (see below)

Required Training for EISEP Case Manager – must successfully complete the competency based on-line certificated training program (16 hours) in case management developed by The Center for Aging and Disability Education and Research at Boston University.

Neighborhood Advisor Program – Rene Green

Client Activities:

- 12 clients assisted
- 21 units of service
- Areas of support:
 - HEAP application assistance
 - SNAP application assistance
 - Transportation referrals
 - Housing options
 - Health Insurance referrals
 - Emotional Support

Activities:

- 9/20/22 – Outreach at Senator Mannion's Senior Fair @ OCC
- 9/27/22 – Outreach at Village Landing Senior Housing in Skaneateles
- 9/30/22 – Monthly Dept. of Aging Meeting – NYS Connects