

Senior Services

- Frank DeFrancisco Eastwood Community Center
- Foster Grandparent Program
- Food Services
- EISEP & Neighborhood Advisor

10-2022



Eastwood Community Center Board Report October 2022

Eastwood Community Center enrollment:

- 64 active seniors at month-end October (This number reflects those who are presently involved in the lunch program and enrolled in activities at the start of the new CSBG funded year beginning 10/1/22). There are seniors whom we have not returned as of this date.

Eastwood Community Center Highlights:

- Two-Three of these seniors are having meals delivered
- Approximately 10-15 seniors are dining on-site daily
- A monthly informational mailing to the seniors includes a newsletter, monthly menu, updates on COVID 19, along with community information
- 25 seniors plus staff to dinner theater at Theodore's Restaurant in Constantia
- Activities for fully-vaccinated seniors include: Tablet Training, Game Day, Art/Crafts, Bingo, Walking with Oscar & Book Club
- Quarterly In-kind is \$223,000

Monitoring & Assistance provided to Eastwood Community Center's seniors:

On a regular basis we are reaching out to the seniors who are home-bound and receiving meals to-go insuring their safety and on-going needs are met.

Success Story:

A couple of months ago a partnership was established with the Camillus Police Department (CPD) to help with a community policing outreach event being held at the Camillus Fire Department. Soda, snack foods, candy and a few other item were shared with CPD to help make their event a success. In return, CPD donated 11 brand new kids' bikes for the agency's GAH program this holiday season. We are looking forward to continuing our relationship with CPD to help people in need in our community.



AmeriCorps
Seniors



Foster Grandparent Program Board Report ~ November 2022

Foster Grandparent volunteers enrollment:

- 78 enrolled
 - 6 dropped – 6 health issues
 - 10 enrolled – 5 are former participants

FGP Updates:

- 10 inactive volunteers put on extended leave through mid-December. Will need to make decision at that time on returning to in-person volunteering or be dropped from FGP.
- 4 unvaccinated seniors cannot participate in-person group activities
- Current waiting list of interested participants – will begin application/intake process in December with New Volunteer Orientation planned for January.

October Activities:

- October In-Service
 - October 12 - 18 FGs attended
 - October 13 - 29 FGs attended
 - Topics/Discussions:
 - Helping Kids Post COVID by Jenn Gaffney, FGP Coordinator – challenges being witnessed with children – emotions, skills deficits, behaviors. How to properly engage with struggling children – thoughts, feelings, actions. Strategies to assist with self-regulating – breathing and mindfulness exercises.
- October Field Trip to Rosamond Gifford Zoo
 - ★ October 6 – 10 FGs ★ October 7 – 9 FGs
 - Viewed animals and exhibits then discussion on how to use animals as a connection with children – conversations about animals, animal figure play, animal drawing activities, etc.

New Volunteer Orientation

- October 18 – 25 at Eastwood Community Center – group training/classroom style
- 9 new volunteers completed 20 hours of pre-service orientation
- 1 new volunteer will do individualized orientation due to English as a second language.

November Activities:

- 11/9 – FGP In-Service
- 11/10 – FGP In-Service
- 11/17 – FGP Field Trip to Onondaga Historical Association
- 11/18 – FGP Field Trip to Onondaga Historical Association



Food Services Board Report June 2022

Food Services Meals Served: May

Head Start Meals:

- 7,200 Breakfast
- 7,584 Lunches
- 6,768 Snacks

Senior Nutrition Meals: 4,749

Special Function Meals Delivered:

- 0 Breakfast
- 0 Lunch
- 0 Snack

Senior Nutrition Contribution:

- Net contribution: \$8,229.72
- Average Meal Contribution: \$1.73

Upcoming Events:

Camillus Senior Center is having a picnic at the Erie Canal Park on July 26th.

Jordan Senior Center is having a picnic on July 19th.

Program Updates:

A request to start a new congregate meal site in the Town of Geddes at the John Carno Center has been submitted to the Office of Aging for approval.

Success Story:

As of this month, all current senior nutrition sites are officially dining in person for the first time since the COVID 19 pandemic started.

SENIOR SUPPORTS: Neighborhood Advisor Program & EISEP Board Report ~ October 2022

EISEP Case Manager – Rachel DeFio

Client Activity:

- ♦ 48 Active Clients
- ♦ 4 new clients
- ♦ 8 Home Visit
- ♦ 30 Clients Interactions
- ♦ 2 discharged clients

Activities:

- 10/5/22 - EISEP Case Managers Monthly Meeting with County Dept. of Aging
- 10/18/22 – Zoom Session/Training on Dementia and its Impacts on Seniors
- 10/26/22 – Completed Case Management Professional Training Program – through Boston University's Center for Aging and Disability Education and Research
- 10/29/22 – Monthly Dept of Aging meeting - viewing of All *The Lonely People* – documentary on personal stories of resilience due to social isolation and loneliness

Neighborhood Advisor Program – Rene Green

Client Activities:

- 8 clients assisted
- 29 units of service
- Areas of support:
 - HEAP application assistance
 - SNAP application assistance
 - Legal aid referral
 - Health Insurance referral
 - Adult Day Program referral

Activities:

- 10/18/22 – Zoom Session/Training on Dementia and its Impacts on Seniors
- 10/18/22 - Outreach at Village Landing Senior Housing in Skaneateles