

Senior Services

- Frank DeFrancisco Eastwood Community Center
- Food Services
- Foster Grandparent Program
- EISEP & Neighborhood Advisor



Eastwood Community Center Board Report February 2023

Eastwood Community Center enrollment:

- 68 active seniors at month-end January

Eastwood Community Center Highlights:

- Two-Three of these seniors are having meals delivered
- Approximately 10-20 seniors are dining on-site daily
- A monthly informational mailing to the seniors includes a newsletter, monthly menu, activities, along with community information
- Activities for seniors include: Tablet Training, Game Day, Art/Crafts, Bunko, Bingo, Walking with Oscar & Book Club
- On 2/22/23 NYSOFA was on-site to conduct a review with OFA for the Congregate Meal program. The program at ECC met all of the standards and is operating effectively to serve the seniors nutrition needs.
- Eight ECC seniors visited Food services to learn about their operations and food production for the senior nutrition program.
- Numerous donations were also picked up by the ECC volunteers and distributed
- Several regular donations were picked up and distributed during the month
- ECC's seniors are sorting and processing various items

Monitoring & Assistance provided to Eastwood Community Center's seniors:

On a regular basis we are reaching out to the seniors who are home-bound and receiving meals to-go insuring their safety and on-going needs are met.

Success Story:

The kitchen at ECC serves a vital role in communal dining, but also the social aspects of life. The daily gathering allow the population to congregate, eat a meal, share life stories and recreate in a safe and enriching environment.

On February 22nd, 2023 the New York State Office of Aging visited with Onondaga County Office of Aging to see the operations and overall lunch program at ECC. The state was thoroughly impressed with the kitchen operation under Sharon Morrison's direction. They were also impressed with the overall senior program at ECC.



Food Services Board Report March 2023

Food Services Meals Served: February

Head Start Meals:

- 5,808 Breakfast
- 5,808 Lunches
- 5,808 Snacks

Senior Nutrition Meals: 4,869

Special Function Meals Delivered:

- 0 Breakfast
- 60 Lunch
- 0 Snack

Senior Nutrition Contribution:

- Net contribution:
\$ 8,340.80
- Average Meal Contribution:
\$1.71

Upcoming Events:

Traditional St. Patrick's Day Corned Beef Lunch on March 17th!

Program Opportunities:

1-Part Time Kitchen Worker/Driver vacancy

1-Part Time Site Manager vacancy

Success Story:

Including contracted meals served to the Salvation Army, Food Services has already served 3,855 more meals to seniors in 2023 compared to the same point in 2022.

Foster Grandparent Program Board Report ~ March 2023

Foster Grandparent volunteers enrollment:

- 68 enrolled
 - 1 dropped – deceased
 - 5 inactive – current personal/medical issues

FGP Updates:

In-Service

February 23 ~ 43 FGs

✦ “Inside Out” – Pixar Movie 2015 – viewed and discussed:

After 12 Year old Riley is uprooted from her Midwest life and moved to San Francisco, her emotions – Joy, Fear, Anger, Disgust and Sadness – conflict on how best to navigate a new city, house and school. The film follows the inner workings inside her mind as the 5 emotion administer her thoughts and actions.

✦ 4 lessons to discuss with kids:

1. Happiness is not just about joy
2. Don't try to force happiness
3. Sadness is vital to our well-being
4. Mindfully embrace – rather than suppress – tough emotions.

✦ Hand-out: Children Don't Really Misbehave – by Thomas Gordan, Ph.D.

✦ Activity: Core Memory Spheres – decorating plastic spheres to represent a core memory.

Grant Application

- ✦ Continuation application due 3/9/2023 – year 2 of 3 year grant cycle.
- ✦ Base funding = \$461,186 – anticipate requesting carry forward of unspent funds from year one grant cycle.
- ✦ With 4/1/23 stipend increase (from \$3.15 to \$4.00 per hour), AmeriCorps Seniors/federal funder will not increase funding to cover the increased costs of stipends. We will need to adjust the number of volunteer slots available for participants. We will be reducing from the current 85 slots to 67 slots, effective 7/1/23. Therefore we are losing 18 volunteer slots for low-income senior citizens.

Upcoming Events

- ✦ SCSD Volunteer Appreciation Luncheon – 3/13 @ LeMoyne College all FGs at SCSD schools.
- ✦ In-Service – March 22 and 23
- ✦ Orientation for new volunteers – starts March 28 – anticipate enrolling 3-4 new volunteers.



SENIOR SUPPORTS: Neighborhood Advisor Program & EISEP Board Report ~ March 2023

EISEP Case Manager – Rachel DeFio

Client Activity:

- ◆ 44 Active Clients
- ◆ 0 new clients
- ◆ 0 discharged clients
- ◆ 89 units of service
- ◆ 7 Home Visits

Activities:

- 2/1/23 - EISEP Case Managers Monthly Meeting with County Dept. of Aging
- 2/9/23 – Training Meeting with EISEP Elderly Services Coordinator
- 2/23/23 - Onondaga Co. Dept. of Adult & Long Term Care Services Monthly Trainings – Language Access Training.

Neighborhood Advisor Program – Rene Green

Client Activities:

- 12 clients assisted
- 29 units of service
- Areas of support:
 - SNAP application assistance
 - Food Pantry Support & personal care items drop off.
 - Housing options and availability
 - Transportation options and referrals
 - Health Insurance referral
 - Assisting seniors with virtual appointments

Activities:

- 2/7/23 – Outreach Visit to Jordan Elbridge Senior Center – 24 seniors present
- 2/13/23 – Neighborhood Advisor Program meeting with Onondaga County
- 2/21/23 – Outreach Visit to Meadows Senior Apartment – 12 seniors present
- 2/23/23 - Onondaga Co. Dept. of Adult & Long Term Care Services Monthly Trainings – Language Access Training.
- 2/28/23 – Webinar – Alzheimer's Support for Families