

Family Resource Centers Monthly Reports

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07-2023



County East Family Resource Center July 2023 Board Report

Center Highlights:

Sidney Federal Credit Union's provided a Lunch & Learn Financial Literacy Series. The series is a six-week educational collaborative partnership with Sidney. Participants will have the opportunity to open an account with the branch and take a tour of the new branch opening in Cicero in July.

Cancer Services Wellness, provided education with an emphasis on early detection and the importance of annual screenings, and knowing your family's history. The program offers information, and referral if needed to customers who are in need of services or care. The program offers a six-week series that will continue into the fall.

Cornell Cooperative Extension provide a program that promotes healthy eating and nutrition for our aging bodies. Providing education on eating a balanced diet incorporating all of the food groups, knowing what to eat, serving size, and portion control. The program educates on ways to eliminate salt and sugars and bad fats and provides ways to use herbs to flavor your food for overall health and nutrition.

Upcoming Events:

- End of Summer Celebration
- NYS Fair
- Back to School Supplies
- Upstate Mobile Mammography Bus (TBA)
- Hand-Made Hustle (Elder Abuse/Support)
- Parenting Education Classes: TBA

Ongoing Site Services:

- Sick & Shut-In Support
- Vera House Elder Abuse Support Group
- Crisis management & Family Development Services as needed
- RAPP
- Lock 4/Erie 21 Program

Success Story:

County East FRC provided advocacy and support for an individual who lost her SSDI benefits, due to excessive income to have the SSDI benefit reinstated. The customer had to provide



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information to the SSA office to show the funds were exhausted and to dispute the loss of benefits, determine eligibility and have the benefit reinstated. The customer was awarded a lump sum and continuation of benefits in July.

Center Services: CEFRC

Services Provided	Total Count
Adult Literacy	1
Basic Education Class	3
Care & Share	23
Cooking/Gardening/Nutrition Class	6
Employment	2
Eligibility Determination	2
Emergency Auto Support	2
Financial Literacy	5
Follow Up	3
Home Visits	4
Hygiene Toiletries	3
Information\Referral	2
Rides Provided	16
Volunteering	16
Sick & Shut In	3
	Total: 91



County South Family Resource Center July 2023 Board Report

Center Highlights:

The summer youth program has been meeting twice a week. They took a trip to Chittenango Falls and have been going swimming at Green Lake in Tully. Several people are looking for affordable housing which is rare in the rural areas since the pandemic. Numbers are lower than usual this month as the evening groups are not meeting and there were no fresh food deliveries this month. The Coordinator also took vacation time.

Upcoming Events:

- Summer Youth Programming will continue
- School supplies in August
- Free Clothing Drive: September 22
- Women's Wellness and Parents with HOPE- October

Ongoing Site Services:

- Women's Wellness and Support Group – Tuesdays, 6:00-8:30 PM –Re-starting / October
- Parents with HOPE Parenting class – Thursdays, 6:00-8:00 PM-Re-starting/October
- Afterschool Group – Monday-Wednesdays, 2:40-4:30 PM
- FISH Medical Transport – Tuesdays and Thursdays
- Fresh Food Delivery from St. Leo's Food Pantry – First Tuesday of the month
- Regular Food Pantry Delivery – 2nd and 4th Wednesday of each month
- Crisis management and Family Development Services as needed

Success Story:

There is a new grocery store in Tully located next door to County South Family Resource Center. It is owned by a supporter of our center and its programs; Cathy Vernay. Cathy has been in and out of the center all month with food for families. Their freezer broke so with the help of the family advocate, Brenda, they transported several items to the Food Pantry's freezer and refrigerator. She also has provided families with fresh green and yellow beans, zucchini, sweet corn, orange juice, cheese and bread. Eventually she will provide food vouchers. What a great neighbor!



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Services:

Care and Share	5
Crisis Response/Call –In response	1
Eligibility Determination	1
Fax/Copies/Computer	3
FISH	4
Food Delivery	14
Gas Voucher	6
Health Insurance	1
Home Visit	3
Housewares/Furniture	1
Hygiene/Toiletries	1
Information /Referral	13
Landlord/Tenant Mediation	1
Laundry Voucher	2
Mediation/Customer Advocacy	2
Rides Provided	23
Summer Youth Recreational Activities	11
Supportive Conversations	3
Total	95



County West Family Resource Center July 2023 Board Report

Center Highlights:

The "Saving Face Barbershop had a 1 year anniversary celebration on July 15th with donations accepted for PEACE.

We assisted children with enrichment camp and athletic camp, gymnastics and cheerleading camp. Families report the children are enjoying their summer. The Center has been giving away fresh fruit weekly thanks to the Baldwinsville Schools food service department. They received a grant and the director, Donna has delivered the fruit to the Center every Monday.

We are happy to report that 2 clients who we helped apply for affordable housing several months back, have received notice that apartments are available. We assisted with partial security deposits and will continue to support them in their new home. The annual volunteer picnic at VanBuren Park was Tuesday July 18th. It was a beautiful day, good food and lots of fun for the volunteers and staff.

Upcoming Events:

- R.A.P.P Movie day Tuesday 8/1
- VanBuren pool Family event-Friday 8/16
- Weekly fresh produce at the Center
- Kinship Coalition Lunch and Learn-trauma informed care(highlights Berkshire Farms) 8/17
- Back Pack Give-Away at Red Mill Manor Monday 8/28
- Back Pack Give-away @ the Center/ ice cream for the kids Thursday 8/31

Ongoing Site Services:

- Food Pantry – Wednesdays, 10-1pm and by need
- Treasure Go Round (clothing & necessities) – appointments Monday-Friday, 10-3pm
- Fidelis Healthcare outreach – first and last Tuesday of each month

Success Story:

One of our clients graduated from Baker High this past June and is attending Onondaga Community College. We have supported her and her Mom throughout the process, she has secured financial aid and we are assisting with a bus pass for the first few weeks of school. This is a success for this young lady who has struggled with anxiety and attending in person on campus is a huge step forward.



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Center Services:

Baby Items	1
Care & Share	5
Clothing Closet	42
Fax/Copies/Computer	6
Follow up	3
Food Delivery	2
Food Pantry	19
Housewares/Furniture	4
Hygiene/Toiletries	3
Information/Referral	9
Laundry Voucher	5
National Grid	1
Parenting Support	4
Rides Provided	3
Supportive Conversations	13
Table Giveaway (non-Food Bank)	36
Volunteering	2
Total	158



Eastside Family Resource Center July 2023 Board Report

Center Highlights:

Staff was trained and started using the Service Insights with the Central New York Food Bank.

Let Me Be Great Summer Program started and we have a total of 36 students attending programming. One activity that the kids did this far was the hands on nature activity at Clark Reservation State Park. The students had the opportunity to learn about a variety of different fish and the food they eat. At the conclusion of the presentation the students were able to touch the fish and feel the different textures. They also got to examine up close the sea creatures that the fish eat.

Upcoming Events:

- Niagara Falls 8/15
- Book bag Giveaway 8/29

Ongoing Site Services:

- Golden Age Social Club – (Senior Program) Tuesdays & Thursdays, 10-2pm
- CARES- Tuesdays & Thursdays, 10-2pm
- Fatherhood with PEACE, Inc. – Wednesdays, 5:30-7:30pm
- Food Pantry – Mondays, 9-12pm
- Diaper Pantry – Wednesdays, 9-4pm
- Fresh food giveaway – every day, 9-4pm
- National Grid – Tuesdays, 10am-1pm
- Maternal Care – YMCA of Central New York– Wednesday's June 7 –August 30

Success Story:

Nine community members received the Know Diabetes by Heart training at ESFRC. This is a program funded by the American Heart Association. The program helps people living with type 2 diabetes lower their risk for cardiovascular disease by connecting them with the health professionals who care for them with education and resources

Center Services:

Care & Share	10
Diaper Bank	16



Eastside Family Resource Center July 2023 Board Report

Emergency Clothing Assistance	10
Fax & Copies	28
Food Pantry	64
Hygiene/Toiletries	11
Information/Referral	5
LMBG Prepared Meal (on-site):	442
OPWDD: Prepared Meal (on-site)	26
OPWDD: Rides Provided	26
SCSD: Prepared Meal (on-site)	0
SCSD: Rides Provided	0
Rides Provided	62
Golden Age Social Club Services: Rides Provided	8
Golden Age Social Club Services: Meal (on-site)	42
Table Giveaway (non-Food Bank)	378
Total	1128



Southside Family Resource Center July 2023 Board Report

Center Highlights:

Garden beds operating for our senior clients in area.

Food Pantry moved to 1st floor for easier and better access to senior clients, as well as safer for our staff transporting food inventory to our pantry.

Jubilee Homes Collaboration to bring Build Ready Program to SSFRC.

Upcoming Events:

- Re-Entry Fair at Southside FRC in August
- Permit and License preparation class.
- Necktie and Belt Drive

Ongoing Site Services:

- Food pantry, Thursday 12-2pm
- Fresh food give away, Thursday 12-2pm
- Black Health Information table every 3rd of the month
- Molina Health Insurance table, Thursday 12-2pm

Success Story:

During the month of June the SSFRC have been making countless efforts to reach out to the community and connect with those that make it up. SSFRC was able to get staff from CNY Work for the summer work program, with the help of the CNY staff we have made some tremendous changes to the center. Food pantry is no longer on the 2nd floor of building. SSFRC also collaborated with Jubilee homes to bring their Build Ready program to the SSFRC, with the Build Ready Program clients were able to refresh their interviewing skills and tighten up their resume. At the end of the course clients are doing live interviews with local employers with the intent of being hired.

Center Services:

Care & Share	1
Family Deployment	1
Fatherhood Workshop: intake & informational	3
Fatherhood Workshop: Parenting Classes	12
Fax/Copies/Computer	3



Southside Family Resource Center July 2023 Board Report

Follow Up	2
Food Pantry	35
Housewares/Furniture	1
Job placement	1
Information/Referral	14
National Grid	1
Prepared Meal (on-site)	11
Rides Provided	13
Table Giveaway (non-Food Bank)	2
Total	148



Westside Family Resource Center July 2023 Board Report

Center Highlights:

We did an event on July 27, with Fidelis Care and other agencies from the community such as National Grid, Vera House, Food Bank of CNY, YWCA, and the Healthy Neighborhoods Program. We have music, beverages, and ice cream for community members. The focus of this event is to have the community connected with different agencies in the community and share what they offer.

Upcoming Events:

- Back to School Event August 28 from 12 pm to 3 pm

Ongoing Site Services:

- Diaper Pantry – Tuesdays, 10 am to 1 pm
- Food Pantry – Third Thursday of the month, 10 am to 1 pm
- Health Department provides COVID testing every Tuesday, 10 am to 1 pm
- Mobile Unit Ultrasound from New Hope Families July 18 from 10 am to 1 pm
- Syracuse Financial Empowerment every second Tuesday of the month from 10 am to 1 pm

Success Story:

This is our second year running a summer program that we named Hola Summer. This youth program is thanks to a Boenheim Foundation grant. This year we're awarded \$5,000 for the program for kids 8 through 12 years old. This program is Monday through Thursday, 11 am to 4 pm. Every week is two days of educational activities on the site and two days of field trips such as Wonderworks, Skaneateles Lake, Rosamond Gifford Zoo, The Most, Camillus Splash Pad, Onondaga Lake Park, Brady Farm, Wild Animal Park and to close the Hola Summer Program we are going to our last field trips to the new indoor waterpark in Fulton. Also, every child at the end of the summer program would receive a backpack with school supplies inside.

Center Services:

Care & Share program	29
Clothing Closet	4
Diaper Bank	57
Fax/Copies/Copies	11
Food Delivery	4



Westside Family Resource Center July 2023 Board Report

Food Pantry	103
Hygiene/Toiletries	89
Language Translation	8
SNAP	4
Supportive Conversations	16
TANF	1
Total:	326



Early Childhood Career Pathway Program July 2023 Board Report

Center Highlights:

In July the ECCPP had 1 new CDA intake. The ECCPP currently has a caseload of 54 clients

Upcoming Events:

- Advancing Equity in Pre-K Systems with Family Childcare Providers webinar
- Shared data project with Stephanie Bingham and Child Care Solutions
- WSFRC Backpack Giveaway
- E. Adams Childcare Discussion with the City of Syracuse
- Habermaass (educational toy company in Skaneateles) meeting with Child Care Solutions and PEACE to discuss working together with the Family Daycare Pathway

Success Stories:

Coordinator and Todd Goehle met with Marnie Eisendath, a reporter from Syracuse.com to discuss the program.

Center Services:

Intake & Informational	1
Coordination	2
Follow Up: Registered Family Daycare	15
Follow Up: Childhood Development Associate Credential	19
Marketing	4
Portfolio Development	2
Diaper Bank	10
Total:	53



Workforce Program July 2023 Board Report

Center Highlights:

A new client has been enrolled in ESL at SUNY EOC and Accounting Course through the ATTAIN lab at the EOC. Two clients who entered the program together in June are enrolled in the ATTAIN lab Microsoft certification program and Health Science. They have plans to enter the Medical Billing and Coding training in January.

Upcoming Events:

- WSFRC Backpack Giveaway

Success Stories:

Kevin Middleton (ESFRC) completed his 6-week NYS DOT WORK SMART construction training at SUNY EOC. He earned 3 certifications in this training: OSHA-10 certification, a Flagging Certification and a NYS Work Smart Construction certification.

Center Services:

Intake & Informational	1
Follow Up	7
Career Counseling	1
Housing	2
Transport	2
Coordination	2
Pre-employment Requirements	1
Total:	16