

Family Resource Centers Monthly Reports

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- Family Re-Entry Program



County East Family Resource Board Report October 2024

Center Highlights:

The center hosted an Educational Medicare 101 Workshop: What's new in 2025, on Friday, October 25, 2024. The program was facilitated by Malea Perkins, Licensed Insurance Agent. Six participated question and answer session followed the presentation

The center hosts Onondaga County Cancer Services programs. October is Breast Cancer Awareness Month. The program offers information and referrals to Upstate Mobile Mammogram Program. Upstate Mobile Mammogram Program provides two on-site screening annually. The Health Department offer educational services to support awareness and direction/referrals to available programs and services.

County East FRC hosted ELITE. ELITE offers service to seniors and individuals with disabilities. The program hires a family member or someone they know and trust to provide care in their home. Allowing the elderly to stay in their home and maintain their independence.

Upcoming Events:

- Onondaga Department Cancer Services
- Cornell Cooperative Extension Healthy for Life
- Thanksgiving Baskets (Holy Transfiguration Church) November 2024
- Give A Holiday December 2024
- ELITE

Ongoing Site Services:

- Sick & Shut-In Support
- Crisis Management & Family Development Services as needed
- Vera House Elder Support
- Heart Share Care & Share
- Housing Support

Success Story:

County East Family Resource Center selected five families for the Give A Holiday Program (GAH) Low income families are enrolled, eligibility determined and selected to participate in the program to assist families with a memorable holiday season.



County East Family Resource Board Report October 2024

Center Services

	Total Counts
Adult Recreational Activities	7
Eligibility Determination	5
Follow up	2
Food Pantry	5
Give A Holiday	5
Home Visits	3
Hygiene/Toiletries	3
Information/Referral	12
Mediation/ Customer Advocacy	2
Rides Provided	15
Volunteering	7
Total	66



County South Family Resource Center October 2024 Board Report

Center Highlights:

October was a busy month at CSFRC as all the programs are up and running. The afterschool youth program went to Webster's Pond where they fed the birds and found a geocache site. They carved pumpkins and had a Halloween party. The parenting class learned about child development and celebrated a member's wedding. The Women's Wellness Group had an Integrative Medicine practitioner visit and are learning about resilience. Several food deliveries were made and furniture was coming and going. CSFRC had its formal inspection done this month. Lots of prep work went into this. Special thanks to Catie Waite and the maintenance team for helping to get ready.

Ongoing Site Services:

- Women's Wellness and Support Group – Tuesdays, 6:00-8:30
- Parents with HOPE Parenting class – Thursdays, 6:00-8:00 PM
- Afterschool Group – Monday-Wednesdays, 2:40-4:15 PM
- FISH Medical Transport – Tuesdays and Thursdays
- Fresh Food Delivery from St. Leo's Food Pantry – First Tuesday of the month
- Regular Food Pantry Delivery – 2nd and 4th Wednesday of each month
- Crisis management and Family Development Services as needed

Success Story:

After almost 3 years, a CSFRC client received his green card in October. He was thrilled to be legal and will now be able to live without fear of deportation. He was very appreciative of the agency's help with this process.

Center Services:

Appointment	1
Before and After School Programs	38
CNYCF Life Needs Assessment	6
Crisis Response/Call in Response	12
Diaper bank	4
Domestic Violence Support	5
Eligibility Determination	3
Fax /Copies/Computer	3
Field Trip	5
FISH	5
Follow Up	2



County South Family Resource Center

October 2024 Board Report

Food Delivery	53
Food Pantry	18
Form of ID	1
Gas Voucher	3
Gift Card	6
Grocery shopping	2
Health Insurance Enrollment	1
HEAP recipient	2
Home Visit	4
Housewares/Furniture	8
Hygiene Supplies	9
Immigration Support Services	1
Information / Referral	22
Job Placement	1
Job Search Coaching	1
Laundry Voucher	1
Landlord/Tenant Mediation	4
Mediation/Customer Advocacy	3
National Grid Budget Plan	1
Nutritional Supplement	1
Parenting Class	21
Prepared Meal [On site]	35
Rental Assistance	1
Rides Provided	19
School Supplies	2
Signed Intake	3
SNAP Enrollment/Reapplication	2
Supportive Conversations	8
Tutoring/Mentoring	1
Utility Payment	1
Wellness Education	13
Winter Items	49
Total	381



County West Family Resource Center October 2024 Board Report

Center Highlights:

CWFRC received hundreds of pairs of socks from the annual “Socktober” sock drive at Baldwinsville Elementary Schools.

Elite Home Health Care community outreach representative Lilly Mazza assisted 3 seniors.

Several families came for the Diaper Bank this month.

Halloween staff/volunteer lunch on 10/31, treat bags given out to children visiting the Center

Upcoming Events:

- Community Outreach at the new SkyZone in Clay-11/10 12P-5P
- R.A.P.P. Thanksgiving Brunch 11/21
- Senior outreach-First Presbyterian Church meal-11/21 4PM
- Koala Kare Child Care Center Thanksgiving food drive pick-up
- Thanksgiving meal give-away 11/26

Ongoing Site Services:

- Food Pantry – Wednesdays, 10-1pm and by need
- Treasure Go Round (clothing & household items)–
- Wegmans bread and pastry donations for the community daily: Monday – Thursday
- Diaper Bank – diaper distribution daily
- Hygiene Pantry – requested items distributed to clients
- Job Board/Binder updated weekly

Success Story

We are so pleased to say that one of our clients, a senior at Conifer Village experienced a medical emergency including a fall. He went to Upstate hospital, received rehabilitation for a week and has returned home. We spoke with his Social Worker, referred for homecare services and a follow up appointment at Upstate and we will continue to support him as needed to remain living independently at home.



County West Family Resource Center October 2024 Board Report

Center Services:

Appointment	1
Clothing Closet	67
Crisis Response/Call-In Response	5
Diaper Bank	5
Follow up	2
Eligibility Determination	1
Fax/Copies/Computer	1
Follow up	7
Food Delivery	2
Food Pantry	12
Form of ID	1
Home Visit	3
Housewares/Furniture	61
Hygiene/Toiletries	2
Information/Referral	8
Laundry Voucher	5
Parenting Support	7
Signed intake	1
Snap Enrollment/Reapplication	1
Supportive Conversations	9
Table Giveaway (non-Food Bank)	62
Volunteering	4
Winter Items	3
Total	253



Eastside Family Resource Center October 2024 Board Report

Center Highlights:

The field trip to Beak & Skiff Apple Orchards with senior citizens was a joyful and memorable outing. Participants enjoyed picking apples, sharing stories, and sampling fresh cider and baked goods. After the orchard visit, the group stopped by the Southwest Community Center for early voting, where seniors appreciated the convenience and accessibility, allowing them to avoid the Election Day crowds.

The nutrition from CNY Food Bank will be presentation for clients every month was a lively and interactive session focused on healthy eating. Participants learned about the benefits of balanced diets and how to incorporate more fruits and vegetables into their meals. A highlight of the presentation was the hands-on activity where seniors made an apple stir-fry.

PEACE Inc. Eastside Family Resource Center (ESFRC), in partnership with the American Heart Association, hosted two 45-minute "Know Diabetes by Heart" workshops. The first session took place on 10/10 at 5:30 PM, and the second was held on 10/22 at 12:00 PM. The workshops aimed to educate attendees on diabetes management and the importance of blood pressure monitoring.

The Food Farmacy program has greatly benefited clients by providing access to fresh, nutritious foods, encouraging healthier eating habits. The program will conclude in November, with participants receiving a Thanksgiving-themed box of vegetables on November 26, 2024.

DO EDUCATION" Syracuse University Project', "History of Syracuse" presentation with senior citizens was a nostalgic and enriching experience. The session covered key historical events and cultural developments in Syracuse, sparking memories and discussions among the attendees. Seniors shared personal stories from their own childhoods, reflecting on how the city has changed over the years. The blend of history and personal anecdotes made for a meaningful and engaging session, allowing seniors to reminisce and celebrate their roots in the community.

SCSD had 9 students attend the alternative classroom at ESFRC. There were 15 senior who participated in the Golden Age Social Club. 3 students participated in Project Connection – OPWDD afterschool respite program.

Upcoming Events:

- Nutrition Education Class 11am 11/19/24
- Know Diabetes by Heart 5:30p at Bethlehem Temple Church 11/19/24
- SPEAK A Meeting: Topic After School Opportunities in the Community 11/20/24, 10am-12pm
- Thanksgiving Dinner with ESFRC clients 11/21/24 12-2pm

Ongoing Site Services:

- Golden Age Social Club – (Senior Program) Tuesdays & Thursdays, 10-2pm
- Fatherhood with PEACE, Inc. – Wednesdays, 5:30-7:30pm



Eastside Family Resource Center October 2024 Board Report

- Food Pantry – Mondays, 9-12pm
- Diaper Pantry – Wednesdays, 9-4pm
- Fresh food giveaway – every day, 9-4pm
- National Grid – Tuesdays, 10am-1pm
- OPWDD Afterschool Program – Monday-Thursdays, 2-4:30pm
- Girls Circle Tuesdays and Thursdays

Success Story:

Five individuals were assisted with coordinating payment agreements with National Grid and making utility payments on the same day to restore their services.

Center Services:

Care & Share	1
Clothing	140
Diaper Bank	21
Employment	2
Fatherhood	9
Fax/Copy Machine/Phone/Computer	100
Food Pantry	56
Hygiene/Toiletries	26
Information/Referral	3
Intake	61
OPWDD: Prepared Meal (on-site)	20
OPWDD: Rides Provided	20
SCSD: Prepared Meal (on-site)	34
SCSD: Rides Provided Field Trips	0
Rides Provided	15
Golden Age Social Club Services: Rides Provided	34
Golden Age Social Club Services: Meal (on-site)	76
Table Giveaway (non-Food Bank)	446
Food Farmacy Boxes of Food	62
Total	1126

Eastside Family Resource Center October 2024 Board Report





Southside Family Resource Center October 2024 Board Report

Center Highlights:

Southside Family Resource Center hosted the East Adams Childcare Collective Focus Group on Wednesday, October 2, 2024. This program offers support and assistance to daycare providers and anyone interested in starting a new daycare center.

Southside Family Resource Center received a \$1000 SOFSA grant to purchase an upright chest freezer for our food rescue programs, which assist low-income families in the community.

NYS Dept. of Health has awarded 2024-25 Legislative Initiative Funding. Southside FRC has been awarded \$2,764.

October is Breast Cancer Awareness Month. Onondaga County Cancer Services presented a Breast Cancer Presentation to educate the community on the signs and symptoms of Breast Cancer.

Southside FRC hosted a Halloween Movie Night on Wednesday, October 30, 2024. Children and their families attended in costume and were treated to food, fun, recreation, and socialization. There was a coloring contest, winners were awarded a gift card.

Upcoming Events:

- GAH (Give A Holiday Program)
- Chili Give A Way November 14, 2024
- Food Rescue - Fresh Food Give Away November 14, 2024
- National Grid Senior Advocate November 19, 2024 2 PM
- Thanksgiving Dinner Monday, November 25, 2024 Noon
- Food For Thought Program
- Medicare

Ongoing Site Services:

- Emergency Food Pantry
- Food Rescue Program: Fresh Food Giveaway: 2nd and 4th Thursday of the Month
- Crisis Intervention & Family Development Services as needed
- Information/Referrals to programs and services
- Elder Support



Southside Family Resource Center October 2024 Board Report

Success Story:

Southside FRC has created a new program Food For Thought as dozens of homeless, hungry, drug-addicted individuals are often wandering the streets looking for shelter, food, and sometimes conversation. This program will address the need, identify services they are not aware of, and offer support and direction to address community concerns and direct them to services.

Center Services: Southside Family Resource Center

CNYCF Life Needs Assessment Survey	1
Eligibility Determination	3
Focus Group/ Survey	1
Follow up	1
Food Pantry	42
Housewares/Furniture	2
Hygiene/Toiletries	10
Information/Referral	4
Transportation	2
Prepared Meals	1
Supportive Conversations	1
Table Giveaway (non-Food Bank)	3
Total	71



Westside Family Resource Center October 2024 Board Report

Center Highlights:

CNY Youth Mental Health Summit this event bring together leading experts, local high school students, and adults who work with youth to learn, share, and gain actionable insights to address youth mental health.

Upcoming Events:

- Thanksgiving Dinner
- Turkey giveaway

Ongoing Site Services:

- Diaper Pantry – Tuesdays, 10 am to 1 pm
- Food Pantry – Third Thursday of the month, 10 am to 1 pm
- The Health Department provides a COVID test every Tuesday, 10 am to 1 pm

Success Story:

Our Halloween Event was at Mundy Branch Library, in collaboration with other agencies such as Hillside, Take Back the Street, YWCA, La Casita, Spanish Action League, Planned Parenthood, Syracuse University, Peacemaking Project, and Onondaga County Health Department. We gave out snacks, candy, and toothbrushes. By hosting this event we were able to provide a safe and healthy environment for our kids in our Westside community.

Center Services:

Appointment	21
Baby Items	16
Clothing Closet	12
Diaper Bank	77
Eligibility Determination	6
Fax/Copies/Computer	20
Financial Skills Training	1
Follow up	33
Food Delivery	24
Food Pantry	28
Form of ID	2



Westside Family Resource Center October 2024 Board Report

Give-A-Holiday	7
Holiday/Other Giveaway	10
Housewares/Furniture	46
Hygiene/Toiletries	30
Immigration Support Services	3
Improved Credit Scores	1
Information/ Referral	5
Job Change for More Benefits	1
Language Translation	27
Meditation/Customer Advocacy	1
National Grid Budget Plan	8
Passport	1
Proof of Current Address	1
Proof of Income	1
Resume Development	1
Rides Provided	3
Signed intake	3
SNAP Enrollment/Reapplication	4
Supportive Conversations	7
Table Giveaway(non-Food Bank)	13
Walk-In	2
Winter Items	1
Total	416



Family Reentry Program October 2024 Board Report

Center Highlights:

Attended Exalt Community Stakeholders lunch session, October 24, 2024 at One Park Place. Met with Yolanda Seegars, Director of PROJECT RISE on October 29, 2024 to plan a conflict resolution training for our After School Youth Mentoring Group. Attended Real Men Real Talk at the Syracuse Innovation hosted by Vera House, PEACE Inc.'s Family Reentry Program and 100 Black Men on 10/16 from 6:00-7:00PM.

Upcoming Events:

- #CleanSlateNY Hosted By the Center for Community Alternatives (CCA) on Nov. 18 11:00AM – 2:00PM.
- Imagining Freedom: Developing Communities, Coalitions, and Digital Literacies in Prison Hosted by Professor Brandon Erby at Syracuse University and Via Zoom Meeting on Nov. 7 from 12:30PM to 2:20PM.
- Onondaga County Re-Entry Task Force Meeting Hosted by Marlene Klock December 12th 1:00PM – 2:30PM via Zoom Meeting.

Ongoing Site Services:

- Rides Provided
- Family Development
- Job Referral
- Employment Equipment or Supplies
- Before & After School Programs

Success Story:

On 10/9/2024 I met with 8 at-risk community youth between the ages of 14 and 18 and Andre Wright (who referred the youth to me) to discuss starting an after school program. I did a brief assessment with the youth and found out their availability, ages, present ID status, program wants and needs, choices of food, games and their availability. We started the After School Mentoring Group on 10/10/2024 and everyone I initially met attended the group, played games, ate the meal prepared on-site and participated in our daily group discussion. They continue to participate in the program weekly. I have already met with Yolanda Seegar, Director of Project Rise to provide these youth with conflict resolution training and Vera House so they can participate in the 12 Men Model training to teach them about healthy masculinity. Most of the youth in the Youth Mentoring Group are on probation or recently successfully completed probation. They go to Belle Grove an alternative school, due to fights and suspensions at regular schools in the Syracuse Community School District. They have to walk by the Southside



Family Reentry Program October 2024 Board Report

Family Resource Center on their route home, so this group, at this Center is a perfect fit for them. Our after school group is on Mondays and Thursday from 4:45 PM to 5:45PM.

Center Services:

Before & After School Programs	28
Behavior Improvement Programs	2
Birth Certificate	3
Employment Equipment or Supplies	1
Family Development	5
Fax/Copies/Computer	3
Food Pantry	1
Holiday/Other Giveaway	7
Information and Referral Calls	7
Information/Referral	12
Intake & Informational	13
Interactions with Employers	1
Interview Skills	1
Job Readiness Training	1
Job Referral	3
Mentoring	3
Prepared Meal (On-Site)	37
Rides Provided	13
Volunteering	3
Total	141



Early Childhood Career Pathway Program (ECCPP) October 2024 Board Report

Center Highlights:

The program caseload currently stands at 63, with 12 Family Daycares in process, 25 Family Daycares who are licensed and receiving wrap-around services, and 26 Child Development Associate Credentials in process. Attended the E. Adams Child Care Focus Group and the Early Childhood Alliance Child Care Workgroup.

Ongoing Site Services:

- Grant administration, wraparound services, support and advocacy for Family Daycares
- Navigate Child Development Associate Credential candidates through training and credentialing process.

Success Story:

Takeisha Koroma became a new NYS Registered Family Daycare on October 17, 2024.

Center Services:

Intake & Informational	2
Follow Up: Registered Family Daycare	34
Follow Up: Childhood Development Associate Credential	21
Food Delivery	19
Diaper Bank	17
Translation	9
Information and Referral	46
Tech Pack Loan	2
Recognition Pack and Anniversary	2
FDC Kept job for 180 days	2
CDA Competency Book	3
Total	157

