



## **Head Start/Early Head Start**

### **Board Report – March 2025**

#### **Education:**

- Early Childhood Specialist presented Conscious Discipline workshop for parents at Genesee
  - 11 parents attended
  - Discussed brain state model and breathing icons
- Two Early Childhood Specialists attended a Conscious Discipline training that showed how Conscious Discipline aligns with the new Head Start policies, how to support staff, and increase staff retention
- All education staff attended an “I’m Moving, I’m Learning” (IMIL) training
  - Learned about healthy eating and movement activities to keep children engaged to learn
  - Staff participated in singing and dancing, all while learning the importance of physical activity

#### **Health:**

- Chompers spring dental clinics have started
  - Baldwinsville JE first to complete – 19 children attended
- Last lead clinic of year held at Liverpool
  - 5 children tested – all within normal levels

#### **Disabilities/Mental Health:**

- Continuing to support staff during virtual speech therapy session for a few children – still a severe itinerant provider shortage in the county
- Toured a few SCIS (Special Class in an Integrated Setting) classrooms with families that have children that have qualified (Jowonio and Main Street)
  - Started discussing placement for these children with the Site Supervisors if a spot does not become available for them in these other programs
- Child Behavior Specialist is working with our Mental Health Consultant (MHC) to set up a parenting series at the Liverpool site
  - 4 sessions facilitated by the MHC and our SU Intern
  - Provide information to families revolving around their needs
  - First session – Parental Stressors
  - Rest of sessions will be determined by interest/feedback from the participants

## **Family and Community:**

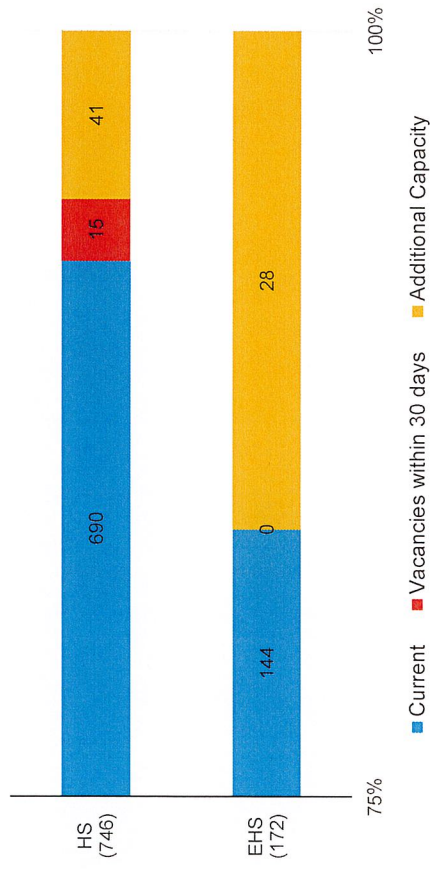
- Sites hosted many Parent Engagement – some listed below
  - Kindergarten Readiness (Liverpool and Merrick)
  - Paws of CNY (Dr. King, Atonement, Cab Horse)
  - “Just Breathe” Conscious Discipline workshop (Genesee)
  - Lead Poisoning Prevention Program (Elmcrest and Atonement)
  - Maple Syrup presentation with Jordan Historian (Baldwinsville JE)
  - Art Jubilee (Liverpool)
- Family and Community Team including family workers and intake workers attended a Legal Aid Training presented by Hiscock
  - How to read custody paperwork
  - Different types of custody arrangements
  - Different court procedures families go through for custody

## **Nutrition:**

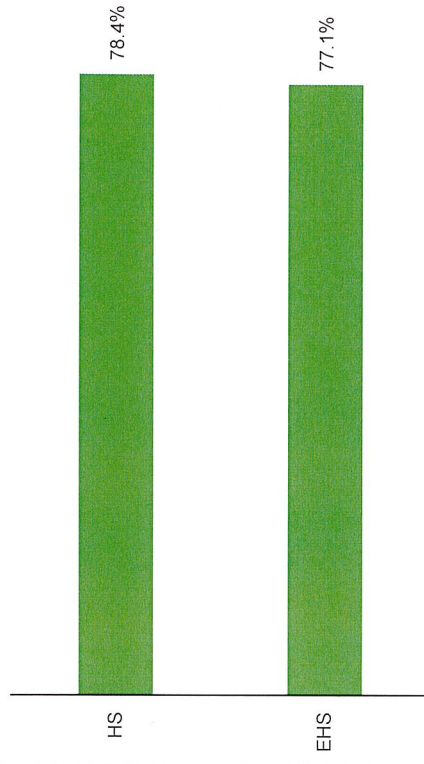
- The Nutrition Coordinator met with family workers to plan and prepare nutrition education for parent workshops
  - Shopping for healthy foods on limited budget, understanding food allergies/intolerances, planning and preparing a healthy food garden, etc.
- Moving to the next step with a software company for a program that can help manage special diets
  - Setting up a meeting with our IT department and the software company
- Continuing to work with Syracuse University on parent initiatives and opportunities to participate in Mindful Eating and Reducing Sugary Beverage projects

# Head Start/Early Head Start Board of Directors Report, March 2025

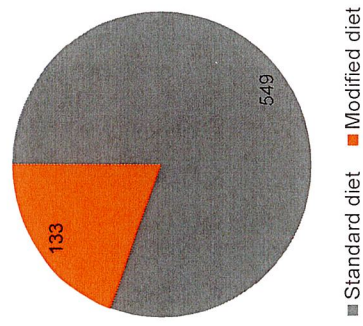
March Program Enrollment



March Program Attendance



Number Of Children Served Meals in March

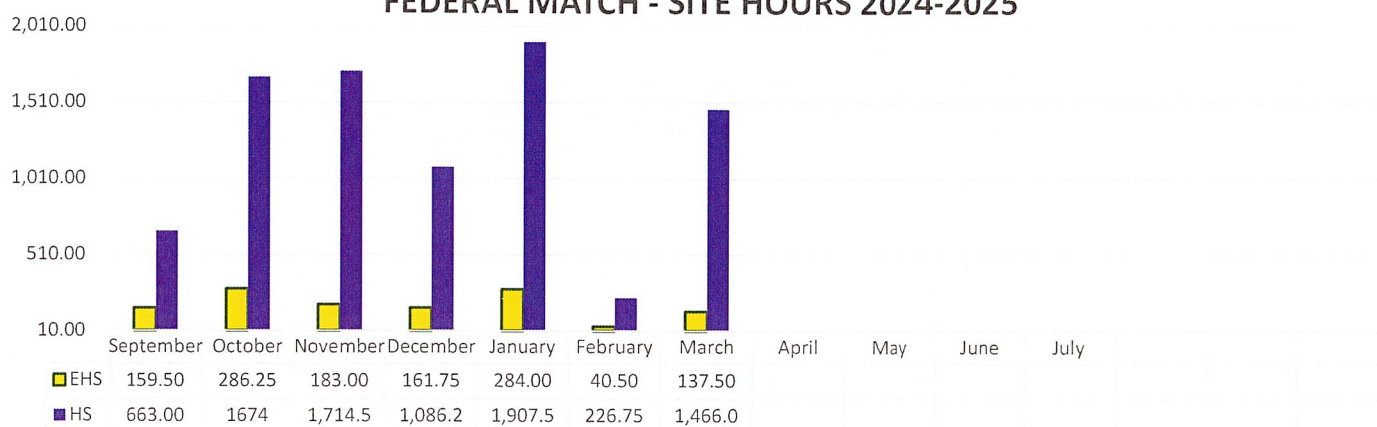


Number Of HS/EHS Children With Disabilities





## FEDERAL MATCH - SITE HOURS 2024-2025



## Applications / Referrals / On Wait List 2024 - 2025

